



# COACH BIO

## Mike Cabeza

Mike has been playing volleyball since he was 12 years old. He started off playing on the beach and then transitioned to the indoor game in high school, where he was the Setter/RS hitter and led his St. Thomas Aquinas HS team to back-to-back District titles in his junior and senior years. After high school, Mike moved to Atlanta to attend Georgia State University and played on the Panther's Men's Club Volleyball team. Since college, he has been playing in USAV adult tournaments and has coached 14's, 15's and 16s teams for NAVC for the past 9 years. Mike really enjoys watching his players grow not only as players but as individuals. "Lots of hard work in practice will pay off in tournaments and help them excel in their HS or College volleyball careers. Volleyball is a sport that these girls will hopefully continue to play and love for a very long time!" -Mike