



COACH BIO

Jody Johnson

Jody has played volleyball since making the team in the 6th grade. She played at both Midway College and Valdosta State University on scholarships. Though she started her collegiate career as an outside hitter, she was soon moved to setting and has excelled there. This year she will be helping all of the NAVC teams with focused training for our setters. She believes strongly that the more knowledge of the game a girl has, the better player she becomes. To help build smart players, she uses targeted drills and game like situations that make them think.